

Po Leung Kuk Wu Chung College
F.1 English – Vocabulary List for Unit 4 (Out and about)

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F.1 S (23)

Core Vocabulary List (Longman Edge Unit 4—Out and about)

	Word/Expression	Line No.	Part of Speech	Meaning and example
Text 1				
1.	nature 大自然	Title	n	the physical world including plants, animals and the landscape <i>Example: Children love exploring <u>nature</u> in the park.</i>
2.	campsite 露地	3	n	a place where people can set up tents for camping <i>Example: Families set up tents at the <u>campsite</u> near the lake.</i>
3.	weather 天氣	4	n	the state of the atmosphere at a specific time and place about temperature and humidity <i>Example: The <u>weather</u> forecast predicts rain tomorrow.</i>
4.	it's a shame 太可惜/失望	4	phr	expressing disappointment or regret about a situation <i>Example: <u>It's a shame</u> we couldn't go to the beach today.</i>
5.	(this) experience 經驗	5	n	something encountered <i>Example: Visiting the zoo was a great <u>experience</u> for the students.</i>
6.	spend their free time	6	v. phr	to use one's leisure hours in a particular way <i>Example: Kids <u>spend their free time</u> playing outside.</i>
7.	indoors 室內	6	adv	inside a building <i>Example: During rainy days, we stay <u>indoors</u> and play board games.</i>
8.	shopping in megamalls 大型商場	6	n. phr	going to large shopping centers to buy various items <i>Example: Families enjoy <u>shopping in megamalls</u> on weekends.</i>
9.	urban	7	adj	relating to a city or town <i>Example: Hong Kong is a busy <u>urban</u> area.</i>
10.	miss(ing) out on 沒有	7	phr. v.	not being able to enjoy something <i>Example: If you skip the field trip, you'll be <u>missing out on</u> a fun adventure.</i>
11.	for one thing for example	8	adv	used to introduce one reason or aspect of a situation <i>Example: <u>For one thing</u>, it's too late to go out now.</i>
12.	survival skill(s) 求生技巧	8	n phr.	abilities that are necessary to survive in challenging situations <i>Example: Learning how to build a fire is a valuable <u>survival skill</u>.</i>
13.	vital skill(s) 重要	9	n phr.	essential abilities that are important for success or well-being <i>Example: Time management is a <u>vital skill</u> for students.</i>
14.	outdoors 室外	11	adv	outside, not inside a building <i>Example: Kids love playing <u>outdoors</u> in the park.</i>
15.	boost(s) your confidence 提升自信 important	11	v. phr	improves your self-belief in your abilities <i>Example: Winning the game <u>boosts your confidence</u>.</i>
16.	health 健康	12	n	being free from illness or injury <i>Example: Eating fruits and vegetables is good for your <u>health</u>.</i>
17.	stress 壓力	14	n	mental or emotional pressure resulting from demanding situations <i>Example: Yoga can help reduce <u>stress</u> levels.</i>

18.	pursuit(s) 追求	15	n	activities that someone engages in Example: Reading and painting are her favorite <u>pursuits</u> .
19.	develop a passion for nature 建立起...的热爱	19	v. phr	produce a strong and enthusiastic love for the natural world Example: Exploring the forests helped her <u>develop a passion</u> for nature.
20.	discover 發現	20	v	find something unexpectedly Example: The students <u>discovered</u> a hidden waterfall during their hike.
21.	digital versions 數位版本	21	n. phr.	electronic formats of something Example: Students can access <u>digital versions</u> of textbooks online.
22.	appreciate 欣賞	22	v	recognize the value of something Example: We should <u>appreciate</u> the beauty of nature.
23.	environmentally 環境上	23	adv	About the Environment Example: Being <u>environmentally</u> aware means reducing plastic usage.
24.	leave no trace 不留痕跡-D行蹤	/	v. phr	not leaving any damage in a natural area Example: Campers should <u>leave no trace</u> while camping.

Text 2

25.	outing 外出	Title	n	a short trip, especially for recreation Example: The class went on an <u>outing</u> to the zoo.
26.	exploring a new neighbourhood activity ↓ 鄰居伙伴	6	v. phr	discovering a different area within a community Example: We spent the afternoon <u>exploring our new neighborhood</u> .
27.	public holiday(s) 公眾假期	23	n	days that are designated by the government as days off for the public Example: Christmas and New Year's Day are <u>public holidays</u> in many countries.
28.	be mad about like	24	adj. phr	extremely enthusiastic or passionate about something Example: She's <u>mad about</u> basketball and plays every day.
29.	worth a look (價值值得)	28	adj. phr	deserving of attention or consideration Example: The art exhibit is definitely <u>worth a look</u> .
30.	flea market 跳蚤市場	30	n	a market, typically outdoors, where vendors sell second-hand goods and homemade items Example: We found unique treasures at the <u>flea market</u> .
31.	trendy (clothing) good style	31	adj	fashionable or in style Example: The students love wearing <u>trendy</u> clothes to school.

Leisure activities

32.	playing multiplayer computer games	n. phr	engaging in video games on a computer with multiple players Example: Fred enjoys <u>playing multiplayer computer games</u> online.
33.	seeing an exhibition	n. phr	attending a display of objects or works of art for public viewing Example: We spent the afternoon <u>seeing an exhibition</u> at the art gallery.
34.	going shopping	n. phr	visiting stores to purchase goods or services Example: Sarah is <u>going shopping</u> for new clothes this weekend.
35.	going bird-watching	n. phr	observing birds in nature Example: Peter enjoys <u>going bird-watching</u> in the forest.
36.	going camping	n. phr	staying outdoors overnight in a tent for recreation Example: They love <u>going camping</u> in the mountains.

37.	visiting an is
38.	visiting a mu
39.	visiting a co park
40.	visiting a v
41.	visiting a s
42.	cycling
43.	having te café
44.	hiking
45.	taking a b
Adjectives to	
46.	charming 好吸引
47.	lively 活
48.	peaceful 好
49.	remote far
50.	rural
51.	spectacu 好
52.	unique

37.	visiting an island	n. phr	traveling to and exploring an isolated piece of land surrounded by water <i>Example: During summer break, John's family is planning on <u>visiting an island</u> for a vacation.</i>
38.	visiting a museum	n. phr	going to a place where objects of historical, scientific, artistic, or cultural interest are stored and exhibited <i>Example: The students learned a lot by <u>visiting the local museum</u> on a school trip.</i>
39.	visiting a country park	n. phr	exploring a designated area of countryside <i>Example: Students enjoy <u>visiting the country park</u> for picnics and hikes.</i>
40.	visiting a village	n. phr	traveling to a small community in the countryside <i>Example: We plan on <u>visiting a beautiful village</u> next weekend.</i>
41.	visiting a street	n. phr	going to a particular road or area in a city or town. <i>Example: Tourists love <u>visiting the famous street</u> for shopping.</i>
42.	cycling	n	riding a bike <i>Example: Every morning, Mark enjoys <u>cycling</u> around the park.</i>
43.	having tea at a café	n. phr	sitting and enjoying a cup of tea at a café <i>Example: After work, Mary likes to relax by <u>having tea at a cozy cafe</u>.</i>
44.	hiking	n	a long walk, especially in the countryside or wilderness <i>Example: The family went <u>hiking</u> in the mountains during their vacation.</i>
45.	taking a boat trip	n. phr	going on a journey by boat <i>Example: Mary had a great time <u>taking a boat trip</u> on the river.</i>
Adjectives to describe places			
46.	charming 好吸引人	adj	attractive <i>Example: The small town had a <u>charming</u> main street with colorful shops.</i>
47.	lively 活泼	adj	full of energy and activity; vibrant <i>Example: The concert was so <u>lively</u> with people dancing and singing.</i>
48.	peaceful 好和平	adj	calm and quiet <i>Example: The garden was a <u>peaceful</u> place to relax and read a book.</i>
49.	remote far away	adj	far away from the city <i>Example: The village in the mountains was so <u>remote</u> that there was no mobile phone signal.</i>
50.	rural	adj	In the countryside, not urban <i>Example: She enjoyed the <u>rural</u> life with its open fields and fresh air.</i>
51.	spectacular 好正!	adj	magnificent and extraordinary <i>Example: The sunset over the ocean was truly <u>spectacular</u> with vibrant colors.</i>
52.	unique only 1	adj	being the only one of its kind <i>Example: Each snowflake is <u>unique</u> in its shape and pattern.</i>

Sentence Making

Refer to the vocabulary list above. Choose words or phrases from each of the following areas and make sentences using them.

Word/ phrase	Part of speech	Sentence
Text 1		
1.		
2.		
3.		
Text 2		
4.		
5.		
Leisure activities		
6.		
7.		
8.		
Adjectives to describe places		
9.		
10.		

Useful links:

1. Cambridge Online Dictionary: <https://dictionary.cambridge.org>
2. Longman Online Dictionary: <https://www.ldoceonline.com>

Po Leung Kuk Wu Chung College
F.1 English – Vocabulary List for Unit 8 (Are you online?)

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F.1 S (23)

Core Vocabulary List (Longman Edge Unit 8—Are you online?)

	Word/Expression	Line No.	Part of Speech	Meaning and example
Text 1				
1.	smartphone 手机	1	n	a mobile phone that can be used as a small computer and that connects to the internet <i>Example: Many people use their <u>smartphones</u> to access GPS functions.</i>
2.	serious 嚴肅	1	adj	not joking or intended to be funny <i>Example: Please don't laugh - I'm being <u>serious</u>.</i>
3.	in shock 震驚	2	phr	surprisingly <i>Example: Mary looked at her son <u>in shock</u> when she learned that he had failed the examination.</i>
4.	calmly 冷靜的	2	adv	in a peaceful, quiet way and without worry or extreme emotion <i>Example: Nancy reacted <u>calmly</u> when she knew that she had lost her phone.</i>
5.	stay connected 保持聯繫	5	phr	to maintain communication with someone or something <i>Example: We use social media to <u>stay connected</u> with friends.</i>
6.	chuckle 輕笑	8	v	to laugh quietly <i>Example: Ann was <u>chuckling</u> when she was reading the comics.</i>
7.	such a hardship 如此困難	9	phr	a situation, circumstance, or condition that is unusually stressful, difficult to tolerate <i>Example: Doing English writing without a dictionary is <u>such a hardship</u>.</i>
8.	doze 瞌睡	12	v	to have a short sleep, especially during the day <i>Example: My dog likes <u>dozing (being used as a gerund)</u> in front of the fire.</i>
9.	entertain 招待	15	v	to keep a group of people interested or enjoying themselves <i>Example: We hired a clown to <u>entertain</u> the children.</i>
10.	approach 方法	15	v	to come near or nearer to something or someone in space, time, quality, or amount <i>Example: I see it's <u>approaching</u> lunchtime, so let's take a break.</i>
11.	bothered 煩腦	20	adj	worried about something or someone <i>Example: He's very <u>bothered</u> about what people think of him.</i>
12.	explain 解釋	22	v	to make something clear or easy to understand by describing or giving information about it <i>Example: The technician <u>explained</u> how the machine worked.</i>
13.	mischievously 頑皮地	24	adv	in a way that shows a fondness for causing trouble in a playful way <i>Example: She doesn't laugh much but does grin <u>mischievously</u> from time to time.</i>
14.	focus on 重点是	25	phr	to give a lot of attention to one particular person, subject, or thing <i>Example: It's important to <u>focus on</u> your strengths and to minimize your weaknesses.</i>

15.	nod 点点头	30	v	to move your head down and then up to show agreement by doing this Example: When I suggested a walk, Elena <u>nodded</u> enthusiastically.
16.	from now on 从现在开始	32	phr	from this moment and always in the future Example: <u>From now on</u> , make a note of everything you spend.
Text 2				
17.	get up to	1	phr	to be busy with something Example: What did you <u>get up to</u> on your holiday?
18.	social media site(s)	3	n	websites that allow people to communicate and share information on the internet using a computer or mobile phone Example: Companies are increasingly making use of <u>social media sites</u> in order to promote their goods.
19.	build relationships	5	phr	developing a close bond or connection with that person over time. Example: We <u>build relationships</u> based on confidence and trust.
20.	blog about	6	phr	to write or add material to a blog Example: As a foodie, she <u>blogs about</u> delicacies every week.
21.	follower(s)	7	n	someone who chooses to see a particular person's posts on a social media site Example: Lady Gaga has over ten million <u>followers</u> on Instagram.
22.	behaviour	9	n	the way that someone behaves Example: He was blamed for his violent <u>behaviour</u> .
23.	opinion(s)	9	n	a thought or belief about something or someone Example: He didn't give an <u>opinion</u> on the matter.
24.	solve problem(s)	11	phr	to find solutions to problems Example: If they are willing to lend us the money, we can <u>solve problems</u> immediately.
25.	translate	15	v	to change words into a different language Example: She works for the United Nations, <u>translating</u> from English into French.
26.	phrase(s)	15	n	a short group of words that are often used together and have a particular meaning Example: I've just bought a dictionary of <u>phrases</u> , sayings and quotations.
27.	improvement	17	n	the act of making something better; the process of something becoming better Example: The economy has shown huge <u>improvement</u> over the past 9 months.
28.	suppose	21	v	to think or believe that something is true or possible Example: I <u>suppose</u> all the tickets have been sold now, have they?

Adjectives to describe technology

29.	convenient	adj	useful, easy or quick to do Example: For now, the most <u>convenient</u> way to access the internet remains the smartphone.
30.	indispensable	adj	too important to be without Example: Cars have become an <u>indispensable</u> part of our lives.
31.	interactive	adj	allowing information to be passed continuously and in both directions between a computer or other device and the person who uses it Example: This e-learning platform aims to create an <u>interactive</u> learning

			<i>experience.</i>
32.	practical	adj	relating to experience, real situations, or actions rather than ideas or imagination <i>Example: The service offers young people practical advice on finding a job.</i>
33.	reliable	adj	a machine, piece of equipment, or system that is reliable always and works well without breaking down <i>Example: My car's not as reliable as it used to be.</i>
34.	state-of-the-art	adj	very modern and using the most recent ideas and methods <i>Example: The control panel uses all the newest technology and is considered state-of-the-art.</i>
35.	unique	adj	being the only existing one of its type or, more generally, unusual, or special in some way <i>Example: I'd recognize your handwriting anywhere - it's unique.</i>
36.	user-friendly	adj	easy for people to use <i>Example: The notebook's user-friendly features allow fast and simple document conversion.</i>
Reasons why people use apps			
37.	become an influencer	phr	to become someone who affects or changes the way that other people behave or think <i>Example: To become an influencer, you need to set up your own channel and do lots of livestreaming.</i>
38.	learn new skills	phr	acquiring knowledge or abilities in areas previously unfamiliar or unpracticed <i>Example: We can learn new skills on the internet, such as learning foreign languages through using an app.</i>
39.	order food	phr	to order food that is ready to eat to be brought to your home or to the place where you work <i>Example: It is convenient for us to order food using a food delivery app.</i>
40.	pass the time	idiom	to do something because you have some time available and not because you really want to do it <i>Example: We passed the time in the airport playing cards.</i>
41.	stay organized	phr	able to plan things carefully, keep things tidy, and work effectively <i>Example: Staying organized at work is more than having a clean desk or an orderly inbox.</i>
42.	stay up to date	phr	having the most recent information, or using the newest methods or tools <i>Example: It's important to stay up to date with the literature in your field.</i>